



Nurturing Activity 10-12 Months Body Part Play-by-Play

Why do this activity?

- To give babies opportunities to hear and understand the meaning of words that identify parts of the body
- To practice using Play-by-Play with body parts
- To lay a foundation for language development.

How to do this activity

1. Use a bathtub or basin of water and a wash cloth.
2. Fill the bathtub or basin with lukewarm water.
3. You can either put your baby in the bathtub or sit him next to the basin of water.
4. Use a washcloth and hand movements to demonstrate the actions and point out her body parts.
5. Sing the following song. Adapt the rhythm and words of this song to your favorite beat.
6. As you say the name of the body part say that word louder and touch that body part so that your baby learns to understand the meaning of these words. Repeat this activity whenever you bathe your baby.

This is the Way

This is the way we splash our hands
Splash our hands
Splash our hands
This is the way we splash our hands
So early in the morning

SOURCE: Growing Great Kids: Birth to 12 months, Great Kids, Inc. 2004. (Elliot & Flanagan)